

# Salsa Line Dance

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## Objectives

Grade	Objective
6 – 8	Demonstrate the basic Salsa steps in time to the music. Identify the basic steps and how they differ from each other.
9 – 12	Demonstrate three Salsa steps in time to the music. Explain the differences between the roles of a line dance and partner dance Identify the different steps by name.

## Lesson Summary

♪ Suggested Music Victor Manuelle: Ironies, Johnny Rivera: Dejame Intentarlo

In this lesson the class learns the Latin dance called Salsa which is danced as a line dance.

- Basic Step Forward & Back
- Forward Cross Over Basics
- Pivot Turn, Forward Step and Mark Time in Place
- Pivot Turn, Forward Step and Mark Time in Place
- Side Basic to Left & Right
- Basic steps forward and back with taps -Advanced

## Activity 1: Basic Step Forward & Back

🕒 5 minutes

Any Salsa music can be used for this.

- i. Step forward on left foot 1
- ii. Replace weight onto right foot 2
- iii. Close left foot to right foot 3
- iv. Step back on right foot 4
- v. Replace weight to left foot 5
- vi. Close right foot to left foot 6

## Activity 2: Forward Cross Over Basics

🕒 5 minutes

vii. Cross left foot forward over right foot	1
viii. Replace weight to RF	2
ix. Step to side on left foot	3
x. Cross right foot forward over left foot	4
xi. Replace weight onto RF back	5
xii. Step to the side on right foot	6
xiii. Repeat vii – xii	1 - 6

## Activity 3: Pivot Turn, Forward Step and Mark Time

🕒 10 minutes

xiv. Left foot forward, pivot turn ½ turn to right to end with weight on RF	1 2
xv. RF Step forward	3
xvi. Mark time in place RLR	4-6
xvii. Left foot forward pivot turn to right to end with weight on RF	1 2
xviii. RF Step forward Activity 4: Mark Time in place Cha Cha Cha x 2	3
xix. Mark time in place RLR	4-6

## Activity 4: Side Basics

🕒 5 minutes

xx. Step to side on left foot	1
xxi. Replace weight onto right foot	2
xxii. Close left foot to right foot	3
xxiii. Step side on right foot	4
xxiv. Replace weight onto left foot	5
xxv. Close right foot to left foot	6
xxvi. Repeat steps xx-xxv	1-6

## Activity 5: Basic Step Forward & Back with Taps–Advanced

🕒 10 minutes

xxvii. Step forward on left foot	1
xxviii. Replace weight onto right foot	2
xxix. Close left foot to right foot	3

xxx. Touch right foot to left foot	4
xxxi. Step back on right foot	5
xxxii. Replace weight to left foot	6
xxxiii. Close right foot to left foot	7
xxxiv. Touch left foot to right foot	8

The above advanced basic can be used instead of the basic step when you feel confident on the whole dance.