

NASPE STARS PROGRAM

*STARS is a national recognition program developed and implemented by the National Association for Sport and Physical Education (NASPE).

*Through the STARS self-study and review process, NASPE identifies and honors physical education programs that model the essential elements for quality physical education and provide meaningful learning opportunities for all students.

*STARS schools exemplify excellence in teaching students the knowledge, skills, and confidence needed for motor development to achieve movement competency, health-related fitness; and promote lifelong physical activity.

MES TIMETABLE

- VTAHPERD Conference of 2006: attended a session introducing the STARS program. Brought the info back to MES and shared with colleagues.
- As a group we decided to go through the process.
- Spring 2007: Started compiling the sections. Met a few times to check-in with each other.
- September and October 2007: Did the majority of the work and mailed in our binders to be evaluated.
- January 2008: Notified that MES was recognized as a 2 STAR school.

WHY MES DID STARS

- To evaluate our PE program through national standards.
- Reinforce what we are doing well and to identify areas we need to strengthen.
- Create awareness for PE within the Milton community (school and outside MES).
- Celebrate our program:
 - Within MES – Banner in our school’s lobby
 - Within the Community – Article in the Milton Independent
 - Within VT – Recognized in the VT Department of Education and a letter from various people in the state
 - Nationally – STARS website and AAHPERD Nation Convention

HOW THE STARS PROCESS WORKS

- Create a binder documenting 31 sections of our program
 - Sections include: equipment, district policies, schedules, number of students, unit/lesson plans, etc...
- Write a narrative and provide extensive documentation for each section
- NASPE returns a report to us with a detailed analysis of what we submitted for each area.
 - Strengths were shown
 - Areas of improvement were shown (ie- providing alternative activities for students who cannot participate, including specific GCE's on our lesson plans)

STARS INFO:

<http://www.aahperd.org/naspe/awards/recognitionPrograms/STARS/index.cfm>