

10th Annual Intergenerational Wellness Walk/Run

Wednesday, May 13th

10:00 - 1:00

State House Lawn

Montpelier, VT

Come join us for this annual event to help promote and celebrate the importance of living "Healthy Active Lifestyles". This VAHPERD sponsored event will be full of fun, exciting, and healthy activities for all ages!
(A great field trip idea for schools!)

Questions? Contact Jon Hammond at 882-1184 or email: hammondj@harwood.org

EVENT REGISTRATION

One or Three Mile Walk

School or Organization: _____ Number of Walkers _____

Address: _____ Telephone: _____

_____ Email: _____

Contact person: _____

Three Mile Run

Racer's Name(attach list of names if registering group)_____

M/F Age Group: U-12 13-18 Adult

Contact Info: _____

Please mail registration to Jon Hammond, HUHS, VT RTE 100, Duxbury, VT 05673