"Healthy Bodies, Active Minds" - VTAHPERD's Annual Conference
Date: November 12 & 13, 2009
Location: Killington Grand Resort Hotel

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Thursday at a Glance: November 12, 2009
(updated as of 10/30/09 and subject to change)

Rooms	Session I 8:30 AM – 9:30 AM	Keynote & Business Meeting 9:40AM-10:50 AM	Session II 11:00 AM- 12:00 AM	Session III 1:10 PM – 2:10 PM	Session IV 2:20 PM- 3:20 PM
ESP I & II	**The VT First Tee National School Program** Richard Mihlrad & Larry Kelley		**The VT First Tee National School Program** Richard Mihlrad & Larry Kelley	**JFH – Hosting and Inclusive Jump Rope for Heart Event** Carol Baitz & Nancy Robinson	**The VT First Tee National School Program** Richard Mihlrad & Larry Kelley
Gateway I	**Inclusive Sports through Unified Sports & Young Athlete Program** Donna Diaz & Joan Martin		**Coaching for Success** Tom Roberge	**VT IEP 101 for School Health Personnel: Putting Yourself at the IEP Table Part I** Joan Larsen	**VT IEP 101 for School Health Personnel: Putting Yourself at the IEP Table Part II** Joan Larsen
Gateway II	**Workplace Seminar: Is Your Safety Training Up to Date?** Eric Cochran & Jen Russell		**Tools for your Leadership Toolbox** Dana Brooks	**Keeping Kids Safe & Healthy with Child/Teen Lures Prevention** Jennifer Mitchell & Rosemary Webb	**VT's No Child Left Inside Coalition** Rebecca Roy
Northstar I	**Simple, Generic Approaches to Teaching Invasion Games Tactics using the Teaching Games for Understanding Model** Lisa Pleban		**Modifying Activities for Inclusion: Everyone can Play!** Susan Yesalonia & Erica Rate	**Back Pocket Games and Action Songs** Lyn Porter	**Assessment in Action for K-12 Physical Education** Lynn Johnson
Northstar II	**Big Top Workshop Part I** Troy Wunderle		**Big Top Workshop Part II** Troy Wunderle	**Dynamic Functional Warm Up** Chris Poulin	**Speed & Agility Training** Chris Poulin
Oscar Wilde I	**Heart Rate Monitors in PE** Jeff Thomas & Jim Hewitt		**Zumba Fitness & Dance for Adults** Tracy Yandow	**Action Based Learning Lab** Chris Souliere	**A Chance to Dance - Incorporate Dance into your Curriculum** Rose Bedard

Oscar Wilde II & III		**Business Meeting & Keynote Address by Dana Brooks "Healthy Bodies, Healthy Minds"**	**Planning Session for the 2010 Middle School Fitness Competition** Lisa Pleban & Rose Bedard		**Indoor Rock Climbing: The Fitness Phenom for the Next Generation** Steve Lulek
Snowshed Ballroom	**Non Contact Tag Rugby** Kevin O'Brien		**Create a Game ...a hands on approach to teaching the importance & creation of play** Jon Hammond	**Circus Arts: Cognitive-physical goal setting skills Part I** Christine Landon	**Circus Arts: Cognitive-physical goal setting skills Part II** Christine Landon
Snowshed Highlander I	**Intro. To Walk-Smart/bike Smart VT! & Bike Smart On-Bike Curricula** JoEllen Tarallo-Falk		**Reach for the STARS – Bringing your program to the next level** Marie Froeschl & Cory Payson	**Walking Lean, Biking Green: Stories from the Field** JoEllen Tarallo-Falk	**The role of PE Professionals in Youth Suicide** JoEllen Tarallo-Falk
Snowshed Highlander II	**Prescription & Over the Counter Medication Abuse & Prevention Training Part I** Gayle Finkelstein		**Prescription & Over the Counter Medication Abuse & Prevention Training Part II** Gayle Finkelstein	**Energy Drinks: Danger in a Can** Deitra Wengert	**MEDIA Influence on Sex** Deitra Wengert
Snowshed Cooper's Coffee	**Gaining Skills for Teaching HIV & STD Prevention Part I** Kate O'Neill		**Gaining Skills for Teaching HIV & STD Prevention Part II** Kate O'Neill	**It's the Numbers Game Part I** Mimi Benedict & Shavonne Travers	**It's the Numbers Game Part II** Mimi Benedict & Shavonne Travers

	3:30PM - 4:30 PM	Activity Time
Lower Lobby	Bid 8:00 AM till 4:00 PM	Silent Auction *Winners of the auction items will be announced at Awards Reception & Friday Breakfast, collection of money is due when item is received by the purchaser.
Oscar Wilde I & II	5:00 PM -7:00 PM	Awards Reception
Oscar Wilde I & II	8:00 PM – 10:30 PM	Conference Social – Fun & Games – Come Play! • Wii sports, Glow in Dark Geocacheing, Water Volleyball (8-9PM), Ping Pong, Hula Hoop, Twister, Jump Rope, Karaoke

* For More information about the Silent Auction, or How you can make a donation please Contact Judy Sherburne at jsherb50@hotmail.com

Friday at a Glance: November 13, 2009

(updated as of 10/30/09 and subject to change)

Rooms	Session I 8:30 AM – 9:30 AM	Keynote, Awards & Announcements 9:40AM - 10:50 AM	Session II 11:00 AM- 12:00 AM	Session III 1:10 PM – 2:10 PM	Session IV 2:20 PM-3:20 PM
ESP I & II	**American Red Cross CPR Recertification 7:30-9:30 ($25)**		**JFH – Hosting and Inclusive Jump Rope for Heart Event** Carol Baitz & Nancy Robinson	**The VT First Tee National School Program** Richard Mihlrad & Larry Kelley	**The VT First Tee National School Program** Richard Mihlrad & Larry Kelley
Gateway I	**The Engaged Future Professional: Why Join AAHPERD?** Dana Brooks		**Physical Education Classroom Management** Tom Roberge	**Portfolio's in PE… YES!** Laura Thygesen	**Don't Stress About Teaching Stress!** Susan A. Clark

Gateway II	**Playground to Pros: Complete Strength & Conditioning considerations for basketball athletes** Scott Caulfield		**Asthma 101: What You Need to Know** Michelle Carner	**Prescription & Over the Counter Medication Abuse & Prevention Training Part I** Gayle Finkelstein	**Prescription & Over the Counter Medication Abuse & Prevention Training Part II** Gayle Finkelstein
Northstar I	**Introduction to Tai Chi** Rich Marantz		**Practical Drills for Coordination and Agility** Scott Caulfield & Jon Cioffi	**PEP Grant 101 Roundtable Discussion** Robyn Newton	**Teaching to the "2 minute" Attention Span!** Marcia Barron
Northstar II			**Taping and Wrapping Techniques for Common Athletic Injuries** Jamie Lemieux & Heather Patterson	**Big Top Workshop Part I** Troy Wunderle	**Big Top Workshop Part II** Troy Wunderle
Oscar Wilde I	**Heart Rate Monitors in PE** Jeff Thomas & Jim Hewitt		**Latin in Line** Teresa Osborn	**Putting the FUN Back in Fitness** Irene Cucina	**A Social Dance Unit for Elementary Schools Booklet 2** Teresa Osborn
Oscar Wilde II & III	**The Future of our Country's Health is in your hands AHPERD: (SPARK)** Jamie Sattelmair	**Awards & Announcements Keynote Address by Irene Cucina "Active Kids, Healthy Minds"**	**Strategies for Achieving Moving Schools: (SPARK)** Jamie Sattelmair & Susan Pelican		
Snowshed Ballroom	**National Archery in the Schools Program: Changing Lives One Arrow at a Time** C. Tom Bennett		**USTA New England's School Tennis** Jon Kostek	**National Archery in the Schools Program: Changing Lives One Arrow at a Time** C. Tom Bennett	**National Archery in the Schools Program: Changing Lives One Arrow at a Time** C. Tom Bennett
Snowshed Highlander I	**MedlinePlus.gov: Your connection to Quality Online Health Information** Michelle L. Eberle		**Be SunWise! Free Resources for K-8 Sun Safety Education** Linda Rutsch	**World Cross Country Fitness Challenge (c2cfit.com)** Lee Downer	**Creating a Professional Resume** Jan Stratton
Snowshed Highlander II	**Concussion Recognition & Management: If In Doubt, Sit It Out** Sarah Strielkauskas & Judd Mackey		**Adaptive Sports** Joe Hurley & Betsey Hurley	**Postural Assessment & Correction in the Adolescent Population** LeeAnne Ketchen & Nakita Baldic	
Snowshed Cooper's Coffee	**Mental Health Teaching Strategies that Work!** Susan A. Clark		**Working with your Local Recreation Department Benefits All** Emily Gibbs	**Get Ready, Get Set, Go: Are You Ready to Enter the Job Market?** Susan Yesalonia	**Goal Setting in Health & Physical Education** Lindsay Simpson & Donna McAllister

Pool	7:30-8:00 AM	Early Bird Activity: Water Aerobics w/Nancy Robinson
Green Mountain Rock Climbing Center	1PM-4PM	Field Trip to learn cooperative climbing challenges for your schools (pre-registration required)

Lower Lobby	3:30 PM	Grand Prize Drawing

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EXHIBITORS:

American Heart Association of Vermont	www.americanheart.org
American Lung Association in Vermont	www.lungne.org
American Red Cross	www.nvtredcross.org
Center for Health & Learning	www.healthandlearning.org
CD Resources USA	www.digitaldanceathon.com
Child Lures Prevention/Teen Lures Prevention	www.childluresprevention.com www.teenluresprevention.com
Christy Lane Enterprises	www.christylane.com
Circus Smirkus	www.circussmirkus.org
Concept 2 CTS	www.concept2cts.com
EDA-AAHPERD Promotion Table	www.aahperd.org/DISTRICTS/EDA/
Girls on the Run of Vermont	www.girlsontherunvermont.org
Learning ZoneXpress	www.learningzonexpress.com
MicroFit, Inc.	
National Archery in the Schools Program	www.archeryintheschool.org
National Library of Medicine	http://nnlm.gov/ner
New England Dairy & Food Council	www.newenglanddairycouncil.org
New England Fitness Distributors	www.nefitness.com
New-Lifestyles, Inc.	www.thepedometercompany.com
Norwich University Majors Club	
RunVermont	www.runvermont.org
U.S. EPA SunWise Program	www.epa.gov/sunwise
VTAHPERD	www.vtahperd.org
VT Department of Education/Health Education Resource Center	http://education.vermont.gov
VT First Tee National School Program Initiative	www.vtga.org
World Class Frisbee Shows	www.Toddbrodeur.com
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Learning ZoneXpress – variety of posters, book, lesson plans, DVD's
RunVermont – 2 Steel Water Bottles
VT Mountaineers – 2 Season Passes, 2 Hats & 2 T-shirts
Ratey Institute – Book SPARK
Teresa Osborn – 2 Dance Syllabuses